

# COSMETIC MEDICINE WORKSHOP

## Certificate Course

This introductory workshop is the first of a series of workshops to be held in the coming two years and is accredited as part of the

### DIPLOMA COURSE OF COSMETIC MEDICINE

programme of the

### Australasian College of Cosmetic Surgery

Interested please visit the website [www.accs.org.au](http://www.accs.org.au)

#### Rundown

<b>Day 1: 23<sup>th</sup> November 2007 (Fri)</b>	
6:00am – 7:00pm	Dinner
7:00am – 9:00am	Topic 1: Chemical Peelings - <ul style="list-style-type: none"><li>❖ Skin anatomy, physiology and pathophysiology</li><li>❖ Assessment and classification of skin types</li><li>❖ Skin conditioning</li><li>❖ indications and patient selection for chemical peelings</li><li>❖ Peeling chemistry (e.g. Glycolic acid, salicylic acid, resorcin, TCA, Phenol etc)</li><li>❖ Complications</li><li>❖ Combination treatments with other procedures</li></ul> Live demonstration on Peeling plus IPL
<b>Day 2: 24<sup>th</sup> November 2007(Sat)</b>	
11:00am – 1:00pm	Topic 2: Dermal fillers - <ul style="list-style-type: none"><li>❖ Development of Dermal Fillers</li><li>❖ Indications for usage</li><li>❖ Blocking and anesthesia</li><li>❖ Injection techniques</li><li>❖ Advanced Applications</li><li>❖ Live Demonstrations of Hyaluronic Acid</li></ul> Topic 3: Latest application of fillers - Total Facial Contouring/Facial lift
1:00am – 2:00am	Lunch Break
2:00am – 3:00pm	Hands on practice of injection of Hyaluronic Acid
3:00pm – 3:15pm	Tea Break
3:15pm – 4:30pm	Topic 4: Syringe Small part Liposuction and Lipo-transfer
4:30pm – 6:30pm	Demonstration – Syringe Liposuction and Lipo-transfer

**Day 3: 25<sup>th</sup> November 2007 (Sun)**

9:00 am –10:00 am	Topic 5: The Novel Effect of Supplements & Nutrients in Cosmetic Medicine
10:00am - 11:00 am	Topic 6: Botulinum Toxin - ❖ Understanding different types of Botulinum Toxin ❖ Mechanism of action ❖ Facial anatomy and physiology of pertinent muscles
11:00am – 11:15am	Tea Break
11:15am – 12:00 noon	Topic 6: Botulinum Toxin Cont'd ❖ Safety issues and Contraindications ❖ Storage, preparation and dilution Clinical applications and advanced applications ❖ BOTOX breast augmentation ❖ Infra-orbital augmentation
12:00 noon – 1:00 pm	Advanced Botox live demonstration, Masseter reduction, Calf reduction
1:00 pm – 1:30 pm	Lunch
<b>1:30 pm – 4:30 pm</b>	<b>Examination</b>
Examination Details	Laser Examination Viva Voce Examination
4:30 pm – 6:00 pm	Official Meetings of the Hong Kong Chapter of ACCS

## Faculties:

## From Australia : -

Dr. John Flynn (Topic 3: Latest application of fillers - Total Facial Contouring/Facial lift, Topic 6: Botulinum Toxin)

## From Hong Kong :

Dr. TO Chun Fung (Topic 4: Syringe Small part Liposuction and Lipo-transfer )

Dr. Lam Wai Kong (Topic 1: Chemical Peelings)

Dr. Fung Ho Wang (Topic 2: Dermal fillers )

Dr. Edwin Lau Kwan Chak (Topic 5: The Novel Effect of Supplements & Nutrients in Cosmetic Medicine)