



The Australasian College of Cosmetic Surgery

Raising Standards, Protecting Patients

THE AUSTRALASIAN COLLEGE OF COSMETIC SURGERY GUIDELINES FOR DELEGATED COSMETIC S4 INJECTIONS

Preamble;

It is not uncommon for cosmetic injections to be administered by Nurse Injectors. There are certain pre-requisites the College expects to be followed for safe administration of these substances. Chief among these are proper training and education in the provision of these services and supervision by a doctor. The doctor shall remain ultimately responsible for training and maintenance of skills of the nurse injector and for the safety and overall care of the patient. It is to be recognised that State and Federal regulation governs the administration of S4 substances.

Protocol;

Suitably-trained nurses may administer S4 medicines for cosmetic purposes after a doctor has consulted the patient and formulated a written treatment plan:

- 1 to cover a time period no greater than 1 year
- 2 stipulating the areas to be treated
- 3 stating which medications are to be used
- 4 setting the maximum number of procedures
- 5 stating the maximum dosages of the medications to be administered.

The patient and treatment plan would be reviewed:

- 1 at the expiration of the set time period
- 2 if unexpected side effects occurred
- 3 if the patient or nurse were unhappy with the results
- 4 if new indications for the ordered medications were contemplated
- 5 if alternative treatments were considered for the original or new indications
- 6 in the event of a material change in the health status of the patient, which would include a change in medications prescribed for existing or new conditions.

As with any medical procedure it is expected that the appropriateness of the planned procedure be considered along ethical guidelines and with regard to the proper clinical practice.

The treatment plan should follow a consultation which includes history and examination and an assessment of the suitability of the proposed treatment plan.

Patients should be able to give informed consent bearing in mind the material risks and benefits of the treatment plan and also possible alternative treatments including the option of no treatment. Informed financial consent is required to be obtained.

Suitably-trained nurses may perform such procedures at adequately-equipped premises, distant from the doctor's rooms, if treatment plans for all patients had previously been formulated under the guidelines above. The doctor should be readily contactable but need not be on site.



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Supply and administration of S4 products are subject to State and Federal regulation which must be observed.

Nurses performing such procedures must:

- 1 have current registration in the relevant state or territory
- 2 be covered by the practice insurance policy, or in the case of an independent contractor have his or her own policy
- 3 have had adequate training in the particular procedure/s
- 4 be fully trained and capable to carry out all the injections delegated to him/her
- 5 have successfully completed annual certification regarding emergency treatment (CPR).

The ACCS does not endorse the use of injectors whose qualifications or experience is less than that stated above and is vehemently opposed to injections being given by non-paramedical persons such as beauty therapists

All members should ensure there are no additional requirements pertinent to their own state or territory which must be fulfilled.