



The Australasian College of Cosmetic Surgery

Raising Standards, Protecting Patients

Diploma of Cosmetic Nursing

An educational initiative of the Australasian College of Cosmetic Surgery designed for nurses working to enhance their skills specifically for cosmetic nursing, which is available for registered nurses and enrolled nurses.

The aim of this course is to develop and refine awareness of the particular requirements of cosmetic surgery and medicine as it relates to nursing. The course should enable a nurse to practice in the area of cosmetic nursing with more understanding and appreciation of the requirements. It should also give nurses the requisite knowledge and understanding to counsel potential patients and impart a proper understanding of procedures and realistic expectations of outcomes.

A nursing background of at least five years as a registered nurse is a prerequisite and eight years as an enrolled nurse. A letter of recommendation from a cosmetic practitioner will be considered highly in assessing the suitability of candidates.

Positions are limited and will be awarded on the merits of the applicants. Application forms should be accompanied by a covering letter, a full CV and recent work history and preferably be accompanied by a letter of recommendation from a doctor working in the field of cosmetic medicine or cosmetic surgery.

Participants will be allowed two years to complete the course and will be allowed to carry forward credits obtained for up to three years. With application to the task, it can be completed in one year.

Credits are obtained from completing the individual lecture units and assignments and passing the relevant examinations. Credit may be awarded or exemptions granted in recognition of work done in exceptional circumstances.

This diploma does not determine expertise as a clinician or counselor but recognizes the satisfactory completion of the designated curriculum.

Course Requirements

This program comprises the following;

- Compulsory workshops
- Attendance at accredited conferences and meetings
- Ongoing mentorship
- Private study
- Completion of set exercises
- Maintenance of Log Books of practice activity
- Participation in an approved body of research

The course requirements can be achieved over two years. Any extension of time will only be granted in exceptional circumstances as approved by the ACCS Council.

Course work

Throughout the course exercises or assignments will be set requiring completion in a specified time frame. Successful completion of three such exercises will be required to complete this element.

Conferences

Accredited conferences for this course are as follows;

- Australasian College of Cosmetic Surgery Annual meeting
- American Academy of Cosmetic Surgery Annual Meeting
- International Master Course on Ageing Skin Annual Meeting
- International Society of Laser Cosmetic Surgery Annual Meeting
- Others by application and approval

Attendance at one of these meetings each year of the Diploma course is compulsory.

Log Books

Log books must be kept of all procedures showing;

- Date of procedure
- Nature of procedure
- Place of procedure
- Complications
- Outcome

Research / Presentation

One piece of research as approved by the College. The research must be substantially the work of the candidate although the ultimate work may be a collaboration.

Examination

Candidates who successfully complete all other elements will be invited to sit the final examination. The examination will consist of a Written MCQ type examination, practical examination and a viva voce examination.

Successful completion of all elements will result in the awarding of the Diploma of Cosmetic Nursing. Maintenance of the Diploma will require adherence to and completion of the College CME and Recertification Programme and observance of College Constitution and By-Laws as amended from time to time.

Award of the Diploma does not signify membership of the College. This diploma does not determine expertise as a clinician or counsellor but recognizes the satisfactory completion of the designated curriculum.

CME

The ACCS Diploma of Cosmetic Nursing requires adherence to a CME program to maintain this qualification.

A total of 100 CME points are to be accumulated over a three year period.

Allowable elements;

- Attendance at approved clinical or training workshops 10 points per clinic
- Approved Seminars 10 points per day
- Trainer/Presenter at workshops 10 points per w/shop
- Presentation of an original paper or research at an approved meeting 10 points
- Maintenance of clinic log book 10 points

Recertification and CME must be completed every three years. Administration fee for this process is \$300.

Cost

\$3000.00 for an RN with 5 years post-graduate experience (8 years for an enrolled nurse) but no exposure to cosmetic medicine/surgery.

\$2200.00 for those applicants who have been employed in the industry as a Contractor or Employee with a minimum of 12 months experience in cosmetic medicine/surgery.

\$1800.00 A further discount is offered to RN's who are employed or contracted to an ACCS Fellow for a minimum of 12 months.

Included Benefits of the Diploma of Cosmetic Medicine

Tangible financial benefits include;

- Nurse Affiliate Membership for 2 years included in cost. (\$150.00pa thereafter)
- Registration fees for approved College workshops and seminars over two years.
- Study manual
- Exam fee

Intangible benefits include;

- Professional pride and sense of accomplishment in successfully completing a rigorous course of study
- Self esteem and confidence in practice

Priceless!

CURRICULUM

Module 1

Medical and Legal Issues

- 1) The ACCS requirements for the Diploma of Cosmetic Nursing
- 2) The Poisons and Therapeutic Goods Act: Protocol for the use of S4 drugs for cosmetic procedures by Nurse Injectors
- 3) The Importance of Liability insurance
- 4) Patient's Rights
- 5) Keeping Accurate Clinical Records
- 6) The Duty of Care
- 7) The Psychological Aspects of the Cosmetic Medicine/Surgery Patient
- 8) Advertising and Cosmetic Medicine/Surgery

Module 2

The Fundamentals of Skin

- 1) The Anatomy and Physiology of the Skin
- 2) The Function of the Skin
- 3) Skin Assessment
- 4) Fitzpatrick Scale of Skin Type and Colour
- 5) Glogau Classification Scale of Skin Wrinkling and Sun Damage
- 6) Aesthetic Principles in Cosmetic Surgery

Module 3

Skin Care

- 1) Physiologic Changes Associated with the Aging of the Skin
- 2) Photodamage and Its Effect on the Skin
- 3) Prevention

Module 4

The Principles of Wound Healing, Assessment and Management

- 1). The Physiology of Wound Healing
- 2). The Principles of Wound Assessment
- 3). Early Post-Op Wound Management
- 4). Management of Post-Op Haematoma
- 5). Management of Post-Op Bruising
- 6). Management of Post-Op Infections

Module 5

Cosmetic Surgery Procedure Guidelines

- 1). Cosmetic Surgery of the Face
- 2). Cosmetic Surgery of the Breast
- 3). Body Contouring Surgery

Module 6

Skin Resurfacing Products and Procedures

- 1). Pharmaceuticals and Cosmeceuticals
- 2). Chemical Skin Peels
- 3). Microdermabrasion
- 4). Dermabrasion
- 5). Commonly Used Anesthesia for Mid-Deeper Peels

Module 7

Introduction to Lasers

- 1). Laser Safety Guidelines
- 2). The Principles of Laser Technologies
- 3). The Types of Lasers and Indications for Their Use
- 4). Diagnoses Amenable to Laser Treatment

Module 8

Dermal Fillers, Dermal Stimulators, and Chemical Denervation

- 1). Collagen Based Fillers
- 2). Hyaluronic Based Fillers
- 3). Other Fillers
- 4). Dermal Stimulators
- 5). Chemical Denervators/ Muscle Relaxants



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APPLICATION FORM

DIPLOMA IN COSMETIC NURSING

Surname..... First Name(s).....

Date of Birth

Principal Practice Address.....

Suburb.....State.....Post Code.....

Postal Address.....

Suburb.....State.....Post Code.....

Contact Telephone Numbers: Work ().....

Fax ().....

Home ().....

Mobile.....

Email Address.....

Registered Nurse/Enrolled Nurse

Date of Graduation.....

Institution.....

Registration Certificate No..... State.....

Indemnity Insurance: YES/NO Policy No.....

Company.....

Current Employer.....

Post Nursing Qualifications/Post-graduate Degrees/Diplomas.....

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Work
history;.....
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This diploma does not determine expertise as a clinician or counsellor but recognizes the satisfactory completion of the designated curriculum.

There are no refunds available for candidates unsuccessful in this course.

I hereby agree to abide by the Constitution of the College and its By-Laws which may be determined from time to time by the Council of the College.

Signed: _____

Date: _____

- Accompanying Documentation:**
1. Letter of Recommendation
 2. Curriculum Vitae
 3. Certificates
 4. Log Books
 5. Medical Indemnity Evidence of cover
 6. Please make cheques payable to the Australasian College of Cosmetic Surgery and forward completed application to PO Box 36 Parramatta NSW 2124

For Office Use Only:

Received by: _____ Date: _____

ACCEPTED / NOT ACCEPTED

_____ Date: _____
Censor in Chief