The Australasian College of Cosmetic Surgery

ACCS Liposuction Workshops – 2013 Sydney

- Liposuction Basic Workshop – 18th & 19th May 2013
- Liposuction Advance Workshop – 20th & 21st July 2013

Liposuction Basic Workshop, concentrating on:
- Outer & inner Thighs
- Abdomen
- Hips
- Flanks
- Waist

Draft Programme Basic Liposuction - Day 1

- Introduction & Registration – Overview of Liposculpture Workshop
- Tumescent L.A. & Xylocaine Metabolism
- Patient Assessment, Suitability, Investigations, Documentation
- Introduction to Instruments
- Marking – key to Success
- Liposulpture of Outer Thighs
- Live Demonstration (Hands on)
- How to get a good result and avoid the Pitfalls in Liposculpture of the Outer Thighs
- Liposculpture of the Inner Thighs
- Live Demonstration (Hands on)
- How to get a good result and avoid the Pitfalls in Liposculpture of the Inner Thighs
- Post –Op Compression
- Review of the day’s cases

Draft Programme Basic - Day 2

- Liposculpture of Small Abdomen
- Review of previous day’s cases
- Liposculpture of Large Abdomen
- Live Demonstration (Hands on) of Area
- How to get a good result and Avoid Pitfalls of Liposculpture of Abdomen
- Liposculpture of Hips & Back
- Live Demonstration (Hands on) of Area
- Review of Workshop.
- Q & A
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Liposuction Advance Workshop, concentrating on:

- Arms
- Male & Female Breast Reduction
- Chins
- Fat Transfers

Draft Programme Advance Liposuction - Day 1

- Introduction & Registration – Overview of Liposculpture Workshop
- Marking of Male Breast
- Hands On Training Male Breast Reduction
- Tips & Pitfalls Liposculpture of Breasts
  1. Male
  2. Female
- Complications of Submandibular (Neck)
- Liposculpture
- Back to Theatre for Male Breast Reduction
- Review of Previous Workshop Case
- Marking of Arms
- Hands On Training Lipo of Arms
- Tip & Pitfalls in Lipo of Arms
- Laser Lipolysis & Skin Tightening
- Back to Theatre for Arms Lipo
- Hands On Training 2nd Case Arms
- Follow Up Last Workshop’s Cases
- Optional:
  Back to Theatre for Lipo of Arms.

Draft Programme Advance Liposuction - Day 2

- Marking & Hands on Training Liposuction of Chin
- Review of Workshop
- Hands On Training of 2nd Case Chin
- Follow Up of Yesterday’s Cases
- Liposculpture of Back
- MCQ Examination